

## Shelby Lighton, BSN, RN, CPN Inpatient Charge Nurse



**Number of years worked as a RN:** 8

**Number of years working in this department:** 6

**What is your clinical background?** Pediatric Intensive Care and Pediatric Acute Care

**Why did you choose to transition to this department?** Moved to the area with my husband and applied to all open pediatric positions. PICU was a new and exciting challenge.

**Why are you interested in being a Buddy?** I felt lost and questioned my ability to be an ICU nurse. I want others to know this is normal phase and you will bring new skills to your new environment.

## Jessica Harlow, BSN, RN, CPAN RN Clinician 4



**Number of years worked as a RN:** 5

**Number of years working in this department:** 4

**What is your clinical background?** Cardiovascular and Peri Anesthesia

**Why did you choose to transition to this department?** I knew that my goal was to become an FNP, and I felt like I was limited to one patient population in my previous job. Working in Peri Anesthesia has allowed me to see many different patient populations and learn so much!

**Why are you interested in being a Buddy?** I remember questioning myself time and time again if I had made the right decision because there was SO MUCH new stuff to learn. I want people to know that it is always okay to start over and learn new stuff, and that it is okay to not know everything.