

Nurse Mentorship Programs

Created and led *by UVA Nurses for UVA Nurses.*

Spring Cohorts | January - June 2027

Clinician 1 Transition to Practice

- Supports **new graduate nurses off orientation** as they prepare to move into their second year
- Focuses on professional development, tough conversations, wellbeing, navigating schedules, and finding their voice

Experienced Clinical Nurses

- Supports **experienced clinical nurses** to connect with colleagues and leverage resources to meet their professional goals as a UVA Nurse
- Offers peer support to foster a sense of belonging, empowerment, and professional growth within nursing
- Focuses on goal setting, building wellbeing, leading change, advocacy and inclusion, EBP resources, quality metrics, valuing different perspectives to drive teamwork, and career navigation

RN Degree Students

- Supports **team members in RN programs – entry-level to graduate degrees** – while working
- Focuses on navigating programs, work/life management, tips for adult learners and building study habits, peer support, funding, finding value in the journey, and strategies for success

Nocturnal Leaders

- Supports **night shift and rotating nurses** in navigating the challenges and opportunities of their unique work environment to achieve their professional goals, connect with peers, and strengthen clinical leadership on nights
- Focuses on growing leadership skills and confidence, opportunities for career development, wellbeing as full-time or rotating night shifters, and promoting involvement in professional governance and building a friendly night shift environment

Formal Nurse Leaders

- Provides **Assistant Nurse Managers and above** peer support as a new UVA formal leader
- New leaders participating in the Nurse Leader Development Program will automatically be enrolled in as a mentee
- Focuses on building relationships, navigating and leveraging UVA resources, personal professional goals, and wellbeing strategies as a leader

Looking for support? Aspiring to grow professionally? Want to connect with other UVA Nurses?

Take the time to invest in yourself ... just an hour a month can make the difference.

Join a Mentorship Program today!

Register to be a Mentee or a Mentor!

Enrollment open now through November 23 – Click/Scan QR code



How the Programs Work

Signing Up:

- Mentees and Mentors sign up for their program of choice via the survey
- Bios of each mentor are created and mentees select their top choices to be their mentor
- Program Leads create Mentee/Mentor pairs and send information to all participants

Mentees & Mentors:

- Attend and participate in group meetings
- Connect monthly as a pair via a variety of ways – walks, coffee, dinner, virtual, etc.
- Actively participate in events – please partner with your leadership for scheduling support
- Mentees drive the partnership to help meet individual needs and areas of desired support

Mentees and Mentors benefit together – learning from each other, working toward goals, developing knowledge of UVA resources, and building relationships across the organization.

For more information, click or scan the QR code.

Questions? Email NPGO@uvahealth.org



Connect. Learn. Grow.