

NPGO BLAST

June 27, 2024

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

TJC Follow Up: Pain Management Goals and Plan of Care

TJC Follow Up: Therapeutic Duplications - PRN Medication Management

Advance Care Planning Documents

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

CNO Corner

In this month's CNO Corner video, **Karin Skeen**, Associate Chief Nursing Officer introduces **Dr. Richard Westphal**, UVA Nursing School Professor and Co-director of the Wisdom and Wellbeing Program. They discuss the importance of team member wellbeing and how it affects the nursing profession. We take care of others, but are we taking care of ourselves?

Watch the video by using this [link](#) to learn about opportunities and resources available at UVA Health.



Professional Development

2024 Nursing Degree Scholarship Applications Are Open!

We are delighted to distribute a total of **\$90,000** to support UVA team members pursuing nursing degrees across all levels. Eligibility includes benefited University Medical Center employees who are taking classes between January 2024 and June 30, 2025 in:

- ADN degree programs
- BSN degree programs & prerequisites

- Higher nursing degree programs

Click here for more information about eligibility/timeline and to submit an application. **Print and post** this flyer to share in your area. Applications close July 29 at 23:59; recipients will be announced in late August.

Connect. Learn. Grow.

Five uniquely tailored Mentorship programs for UVA Nurses or aspiring UVA Nurses are now open **for registration**. Take the time and invest in yourself this fall!

Programs include: RN Degrees (ADN programs and beyond), Clinician 1 Transition to Practice, Night Shift Clinician, Experienced RNs, and Formal Nurse Leaders

>> **Click here** to learn more about this best practice to support your professional growth and building your nursing network as a Mentee or Mentor

Nursing Updates

2024 Health Unit Coordinator of the Year I Nominations are open!

It's time to recognize our Health Unit Coordinators' important role in showing kindness and empathy to our patients, their families, and each other. **The 2024 NPGO Health Unit Coordinator Award nomination cycle is open.** Read through the **criteria and eligibility requirements** and consider nominating one or more of your well-deserved peers for these honors. Nominations will close on Thursday, July 18 at 23:59 – don't miss this opportunity!

Team Wellbeing Check-ins | Check-ups for Your Mental Health

Interested in offering *individual and confidential* 30-minute mental health check-ins to your team? FEAP is available to discuss a variety of topics, including personal, professional, financial, etc. Learn more about this **free Wellbeing Outreach Program** by **clicking here**. This is a great tool to support your team and promote self-care in a holistic way.

Interested? Email **NPGO@uvahealth.org** to set up a brief meeting to create a plan for your team!

Clinical Career Ladder

- Please note – next advancement cycle is in July!
- Next **application** due date: July 1
- Next **“Preparation for Advancement on the NPGO Clinical Career Ladder”** class: July 10

Recognition

Congratulations!

Justin Stidham, RN Clinician 2, MICU received CCRN certification.

Mesha Jones, Ambulatory Float Pool and EWYL Medical Assistant Manager, received NEA-BC certification.

Correction from last week:

Wesley Gass, RN Clinician 2, Electrophysiology received CV-BC certification.

DAISY Award Recipients – June

Alec Harrison, RN Clinician 2, 7 Acute

Gerdline Kelley, RN Clinician 2, Acute Oncology

Amy Jordan, BSN, RN PMGT-BC
Clinician 4 | Off-Site Anesthesia
2024 NPGO President

Danita Massie, MSN, RN, CNL
Clinician 4 | Interventional Radiology
2024 NPGO President-Elect

Past Thursday Blast editions are available [here](#).