

NPGO BLAST

October 17, 2024

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

Restraint Policy and Flowsheet Changes
Patient Safety Moment: Cardiac Electrode Packaging and Storage
Conservation Measures Continue for IV Fluid Shortage

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Nursing Updates

Last Chance! The NPGO Officer Elections close at 1700 today!

Voting for the office of 2025 NPGO President-Elect and two Nominating Committee members **ends today at 1700**. Nurses elected into these positions are your representative for nursing at the University Medical Center. Voting is an excellent opportunity to participate in shared-decision making.

>> [Click here to vote](#) (have Duo ready) and click on the name of each candidate below to watch a short video.

2025 NPGO President-Elect Candidate

[Clara Winfield](#), MSN, RN, CAPA, CNL | Clinician 4, Outpatient Surgery Center, Pre/Post

2025-2027 Nominating Committee Candidates

[Mary Carrion](#), BSN, RN, CNOR | Clinician 3, Outpatient Surgery Center OR

[Katherine Craig](#), BSN, RN | RN Care Coordinator, Digestive Health Clinic

[Maketah Wyatt](#), BSN, RN | RN Case Manager - 1, Case Management

Have problems with the ballot? Contact NPGO (4-9357 or NPGO@uvahealth.org).

TONIGHT! Join us for the NPGO Night Shift Committee Meeting

We hope to see many of you **tonight** from **0200-0300** in the Medical Center Board Room for the **October NSC meeting**. Please **submit** your recent professional accomplishments as a night shifter/rotator - the committee is excited to recognize you!

[Click here](#) for meeting details, agenda and more. **Amy Jordan**, Clinician 4 and 2024 NPGO President, will be joining to discuss how to *Be a Nocturnal Leader in Professional Governance* and *Opportunities for Advancing on the Clinical Career Ladder*

Light refreshments will be provided and a [WebEx link](#) is also available for team members to actively engage in the discussion.

Call for UVA Schwartz Rounds Panelists

Regardless of role, we all have a story about a patient or colleague that has impacted us in a profoundly deep and meaningful way – and we hope you will share yours! The **UVA Schwartz Center Rounds** Planning Committee would like to focus our November panel discussion on what we are grateful for as we reflect on these moments, relationships, and connections with patients, co-workers and mentors. Please share your story with us about a moment or relationship that stands out and/or that has shaped you as a clinician, team member, or person. If you are interested, please contact **Hannah Crosby** and/or **Julie Haizlip** by **October 25**.

Professional Development

Monday is the 2024 Annual Healthcare Education Fair

Admissions Counselors will be on-site to talk about their healthcare programs, including CNA, health informatics, nursing degree programs of all levels, OT, pharmacy tech, radiology, and UVA's Earn While You Learn program. UVA Career Navigation Center will also be available to discuss steps to further or change your educational path, and how to use the HR Education Benefits Program to support your goals.

When: Monday, October 21, 1630–1930

Where: University Medical Center's Dining Conference Rooms

Who: Any UVA Team Member interested in or curious about going to school for a different role within healthcare or any level of nursing degree

Details: Light refreshments provided & a chance to win a Higher Grounds gift card

Click here for the website and flyer – we hope to see you there!

Connect. Learn. Grow. Become a Mentee or Mentor!

Seven uniquely tailored Mentorship programs for UVA Nurses or aspiring UVA Nurses are now open **for registration**. Take the time and invest in yourself this spring!

Programs include:

- Advanced Practice Providers
- Clinician 1 Transition to Practice
- Experienced RNs
- Formal Nurse Leaders
- Identity Empowerment (*NEW!*)
- Night Shift Clinicians
- RN Degrees (ADN programs and beyond)

>> **Click here** to learn more about this best practice to support your professional growth and building your nursing network as a Mentee or Mentor! **Print/post this flyer** to share with your team.

Amy Jordan, BSN, RN, PMGT-BC
Clinician 4 | Off-Site Anesthesia
2024 NPGO President

Danita Massie, MSN, RN, CNL
Clinician 4 | Cardiac Transition Unit
2024 NPGO President-Elect

Past Thursday Blast editions are available **here**.