

NPGO BLAST

February 6, 2025

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

IV Fluid Shortage Update

No Wipes in the Pipes, Please!

HAPI Prevention Under Medical Devices - New Tools!

Patient Safety Moment: 5 Rights of Medication Administration

Nursing Document Updates, incl. Epidurals & Lumbar Drains

Past editions are available on the [NPGO Practice News](#) website.

Magnet Minute

Preparing for our Magnet Site Visit | February 24-27

We are just over two weeks away from our upcoming Magnet Site Visit, when we will host four appraisers here at UVA! They will talk with nurses from across the organization and visit with as many teams and committees as possible. The appraisers are excited to hear about your past achievements, current projects, and goals for the year ahead!

To help be confident and ready to share about your nursing practice:

- Explore the resources available on our Magnet Info & Resources [website](#).
- Review the Prep Tools and Practice Questions [available here](#). Sometimes it takes practice to brag about your work!
- Use the search bar in the top right and find stories featuring your colleagues, departments, and topics of interest in the [2024 Magnet Document](#).

Stay tuned! The **Site Visit Agenda** and **Drop-In Prep Sessions** will be posted soon!

Magnet Minute

ANCC Magnet Recognition® is an honor reserved for organizations that demonstrate commitment to transformational leadership, structural empowerment, exemplary professional practice, and new knowledge and innovation. As a Magnet-recognized organization, UVA Health University Medical Center nurses achieve excellence in these areas by leveraging our Nursing Care Delivery Model of **Relationship-Based Care**, shown at the center of our Professional Practice Model.



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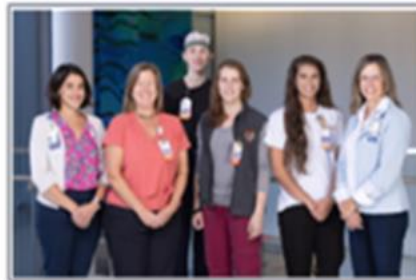
Provide one example of an improved outcome where a clinical nurse(s) used data to advocate for the acquisition of a resource, in support of the care delivery system(s).



Magnet Minute

Hypoglycemic Newborns Exclusively Fed Breastmilk

In 2022, newborn patients experiencing hypoglycemia in the Mother Baby Unit, whose guardians wished for them to be fed breastmilk exclusively, were often required to be fed formula. Erin Golden, Clinician 4, advocated for the use of pasteurized donor human milk (PDHM) as a treatment option in lieu of formula. Erin referenced prior work on this concept completed by Erica Weiler, Clinician 4, and presented financial data showing a projected low cost for the use of PDHM in the Mother Baby Unit's newborn patient population.



With support from the Newborn Medical Director, Elisa Hampton, Nurse Director Deb Sizemore, and a group of CNL nursing students, Erin led the team to obtain and implement the use of PDHM for hypoglycemic newborns. This included new clinical documents and team education. Erin's advocacy for PDHM to support the care delivery system for newborns was successful, and a higher percentage of newborns were able to receive breastmilk instead of formula in the setting of hypoglycemia in 2023.



Professional Development

Supporting Professional Board Certification

2025 Annual Nursing Certification Bonus | Deadline Friday, February 28 at 2359

Details and eligibility for the \$500 bonus are available [here](#).

Reminder! Be sure to confirm that your active Professional Board certification is entered and verified into Workday, the expiration date is correct, AND everything is approved by your manager by the deadline.

Professional Board Certification Resources

Review material, funding resources, study tips, contact hours, and much more are available at <https://uvahealthumcnursing.org/certification/>.

Clinical Career Ladder

The next offering of the “**Preparation for Advancement on the NPGO Clinical Career Ladder**” class will be February 12. Applicants intending to apply for the March cycle must have completed this offering (or previous offering within past 12 months).

Nursing Updates

Submit a Nomination for the 2025 Nursing Excellence Awards!

[Submit a nomination](#) | [Print/Post Flier](#) | [Eligibility Grid](#)

Categories include:

- Beginning Practitioner of the Year
- Exemplary Clinical Practice
- Excellence in Relationship-Based Caring
- Excellence in Advanced Practice Nursing
- Excellence in Knowledge Development and Expansion
- Licensed Practical Nurse of the Year
- Nurse of Distinction
- Preceptor of the Year
- Transformational Leader
- Excellence in Interprofessional Collaboration
- Exemplary Resident / Fellow Physician

The final deadline to submit a nomination is **Thursday, February 27 at 2359**.

NPGO Night Shift Committee Meeting | Magnet Prep for Night Shifters

We will use a portion of our February Night Shift Committee meeting to prepare for our upcoming Magnet Site Visit. We'll discuss what to expect and get ready to talk about our nursing practice as night shifters.

Light refreshments will be provided! See you early Friday morning, February 21, 0200-0300 in the Medical Center Board Room/Zoom.

Recognition

Certification Celebration!

Andrew Campbell, RN Clinician 3, NNICU, obtained his CCRN certification.

Congratulations to Our 3 Beacon Units!

University Medical Center's **STICU**, **SIMU**, and **PICU** all earned ANCC's **Silver Beacon Award for Excellence!**

This award, provided by the [American Association of Critical-Care Nurses](#), recognizes units that “distinguish themselves by providing high-quality patient care in a healthy work environment.” Units must demonstrate their commitment to excellence through their patient outcomes, their work environment, and the support of their Nursing workforce.

STICU & SIMU Teams



STICU & SIMU Beacon Award Designations!

 UVA Health

PICU Team



Blast Question

We will be hosting four appraisers for what event at the end of February from the 24th-27th, to verify, clarify, and amplify the amazing things UVA Nursing has accomplished over the last 4 years?

Enter your answer [here](#).

One recipient will be selected randomly from the number of complete entries submitted to receive a swag bag hand-delivered by the NPGO Presidents.

Danita Massie, MSN, RN, CNL
Clinician 4 | Cardiac Transition Unit
2025 NPGO President

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2025 NPGO President-elect

Past Thursday Blast editions are available [here](#).