

# NPGO BLAST

April 17, 2025

## UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

### Headlines:

Use of Restraints During Full Face Mask Ventilation  
Patient Safety Moment: Transfusion Safety - Part 3: Transfusion Time Out  
Medication Dispense Tracking on the MAR  
Updated Adult PCA Pump Panels & PCA Pump Entries - Coming 4/22  
"MyMeal" Patient Menu Ordering  
Updated Heparin Naming in Alaris Infusion Pumps  
Practice Change: Removal of Yellow Armbands as a Fall Risk Indicator

Past editions are available on the [NPGO Practice News](#) website.

## Champion Resources

Champion Resources & Weekly Updates [here](#).

## Nursing Updates

### TONIGHT | NPGO Night Shift Committee Meeting

We hope to see many of you early Friday morning from 0200-0300 (tonight's night shift) in the Medical Center Board Room for the April Night Shift Committee meeting. Guest speakers from NPDS and the nursing leadership team will be discussing the TSAM methodology, which will be instituted house-wide throughout the next fiscal year for orienting new team members. A [Zoom link](#) is available for team members who are unable to attend in person.

Want to know more about our monthly night shift meetings and happenings? Click [here](#) to sign up. Share your recent professional accomplishments using this link to be recognized at an upcoming meeting - we want to celebrate with you!

### 2025 National Nurses Week Events and Activities

Explore the 2025 National Nurses Week celebrations happening here at the University Medical Center May 6-12. Go to [uvanursesweek.com](http://uvanursesweek.com) to learn about the special events and various opportunities for you to participate in.

[2025 Nurses Week Flyer](#) | [Click here](#)

[25<sup>th</sup> Annual Nursing Excellence Award Ceremony](#) | Congratulations to the more than **150 nominees!**

Click [here](#) for more information and to RVSP for the event.

[EBP Symposium](#) | [Click here](#) to learn more and grab one of the few remaining seats!

[Film Screening - American Delivery](#) | Join colleagues for the film *American Delivery: Solving the Maternal Mortality Crisis in U.S. Healthcare*, followed by a panel discussion moderated by Pamela Cipriano, president of the International Council of Nurses, two-term president of American Nurses Association, and dean emerita. Free and open to the community. Click [here](#) to learn more about the event, being held **Tuesday, May 6, 1730-1930** in UVA SON's McLeod Auditorium.

## Learn More About Preventing Cross Contamination

Infection Prevention & Control is offering brief education sessions (20-30 minutes) for your unit or group for day and night shift, on standard procedures to prevent cross contamination. Please visit the [Infection Prevention and Control](#) webpage for more information or email [Ann Sidebottom](#) to schedule.

## Professional Development

### One Healthcare 2025 Eco Challenge

The Sustainability Committee is hosting an Earth Day event called One Healthcare Eco Challenge 2025, which is now open for sign up! Join the One Healthcare Eco Challenge this April and show how University Medical Center promotes health, sustainability, and community well-being. All clinicians, staff, and students are welcome to join and begin taking actions big or small. Your actions matter! Click [here](#) for more information and to join.

### “Dottie” – A Film About Dementia and Empathy

Hosted by CCI Learning Series and presented by the Haney Consortium for Compassionate Care at the End of Life. Join for a screening of the [award-winning short film](#) and a post-panel discussion. Click [here](#) for more information.

**Option 1:** Tuesday, April 29, 1200-1300 at Sandridge Auditorium (lunch for first 50 attendees)

**Option 2:** Tuesday, April 29, 1730-1830 at The Center at Belvedere (Reception to follow)

### Calling all Charge Nurses!

HR Learning & Development is excited to offer a special *Tough Conversations* class just for you! This is a four-hour, in-person session designed to support you in navigating challenging workplace conversations with more confidence and skill. Effective conversations require clarity of motives, starting with your heart, separating facts from stories, and creating safety. With dialogue as your end goal, this class will help you create a script for how you will invite others to join you in conversation.

**When:** Monday, June 3, 1300-1700

**Where:** 2420 Old Ivy Road

**Register:** [Click here](#) to register in Workday

As part of the National Nurses Week celebrations,, you are invited to the screening of "American Delivery: Solving the Maternal Mortality Crisis in U.S. Healthcare," followed by a panel discussion including several maternal health and nursing experts, moderated by Pamela Cipriano, president of the International Council of Nurses, two-term president of American Nurses Association, and dean emerita. Free and open to the community. Click [here](#) to learn more.

**When:** Tuesday, May 6, 1730-1930

**Where:** UVA School of Nursing's McLeod Auditorium

## Recognition

### Certification Celebration!

- Dana Sansom, RN Clinician 2, RADU, has obtained her AMB-BC certification.

### Congratulations!

The Sustainability Leadership Award honors individuals and groups who exhibit an outstanding dedication to advancing environmentally friendly and cost-effective practices and solutions. Recipients exemplify creativity and resourcefulness in work related to community engagement, stewardship of resources such as energy and water, discovery through teaching and/or research, and collaboration. Their work aligns with UVA's 2030 Sustainability Plan, the University's commitment to making the world a better place and being a good neighbor locally and globally, both today and in the future.

**Tabatha Gilbert**, RN Clinician 4, OPSC, and **Alicia White**, RN Clinician 4, OPSC, were selected as recipients of the University of Virginia 2025 Sustainability Leadership Award for their outstanding contributions to sustainability efforts at UVA and in the broader community over the past year! After leading a successful effort to reduce single-use plastic patient belongings bags - keeping over 7,000 bags out of the landfill, Tabatha and Alicia created a framework for increasing nurses' involvement in sustainable healthcare practice through a new NPGO Sustainability Champion role for departments across the University Medical Center. UVA will formally recognize this year's recipients at a May event.

**Danita Massie**, MSN, RN, CNL  
Clinician 4 | Cardiac Transition Unit  
2025 NPGO President

**Clara Winfield**, MSN, RN, CAPA, CNL  
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)  
2025 NPGO President-elect

*Past Thursday Blast editions are available [here](#)*