

NPGO BLAST

May 1, 2025

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

Patient Safety Moment: Hand Hygiene - Part 1: Why It Matters

Non-Invasive Blood Pressure Equipment Update

Process for Ensuring Safe and Appropriate IV Access for Contrast CTs

Nursing Document Updates: Enteral Tubes / Small Bore Feeding Tubes; Beds & Support Surfaces

Single Coude Catheter Removal from Stock & Coude Catheter Kit Addition

Inviting Your Learning Needs Input: BD PureWick Flex Female External Catheter

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Nursing Updates

2025 National Nurses Week Kicks off Tuesday, May 6!

Explore the 2025 National Nurses Week celebrations happening here at the University Medical Center May 6-12. Go to uvanursesweek.com to learn about the special events and various opportunities for you to participate in.

2025 Nurses Week Flyer | [Click here](#)

UVA SON Preceptor Appreciation Day | Drop by the Dining Conference Rooms 2 & 3 Monday, May 5, 0700-1300. [Flyer](#) to post.

EBP Symposium | Tuesday, May 6, 0900-1530 at UVA North Fork Research Park. [Click here](#) to learn more about this full-day internal conference.

Nurses Week Drop-In Celebrations | Wednesday, May 7, 1800-2100 and Saturday, May 10, 0600-0900 and in the Dining Conference Rooms. Swing by, grab a treat, and celebrate all the accomplishments you have achieved over the past year! Refreshments, photo booth, and more! No registration required and no invitation required – all are welcome!

Annual Nursing Excellence Awards Ceremony | Thursday, May 8, 1600-1900 at DoubleTree Hotel. [Click here](#) to learn more and RSVP for this special event recognizing the **2025 Nominees!**

Food Truck Friday | Friday, May 9, 1030-1430 across from the Main Hospital Loading Dock. A wide variety of foods and treats will be available for purchase. [Click here](#) to learn more and see the menu.

Blessing of the Hands | Contact your department's Chaplain or email chaplaincy@uvahealth.org to schedule a special blessing with your colleagues throughout Nurses Month.

Late Nights at Higher Grounds | Purchase your late-night caffeine fix until 0200 throughout Nurses Week.

Special Educational Features | Webinars, film screens, and more are available throughout National Nurses Week. [Click here](#) to find out about these special nursing-focused educational opportunities.

Nightingale Notable Superlative Awards, Nurses Week Giveaways, Nurse Legacy Hall of Fame, Virtual Scavenger Hunt, Rounding on and off main grounds throughout Nurses Month, and more! Check out uvanursesweek.com.

Professional Development

Enroll in the Nurse Leader Development Program Summer Cohort

The next offering of the *Nurse Leader Development Program* begins June 4. This eight-class series is crafted to elevate the leadership acumen and professional capabilities of nurse leaders. The program is now available to all Nursing Directors, Nurse Managers, Assistant Nurse Managers, and Charge Nurses. Interested? Please visit the [Leadership Development - Nursing Center for Excellence](#) website for more information and contact deg2j@uvahealth.org to get enrolled in the summer cohort!

2025 VNA & VNF Virtual Spring Conference on Demand

A special thank you to our CNO, Kathy Baker, for her support of an all-access opportunity to the VNA/VNF Spring Conference! The live event may have passed but the on-demand content is now available to all University Medical Center RNs! [Click here](#) to view *Empowering the Nurse* content via the VNA conference webpage.. Remember to complete [the CE form](#)! These materials are available through July 31, 2025.

Maternal Health Webinar Series

Register now for a Maternal Health Webinar Series, hosted by the Virginia Nurses Foundation and the Virginia Nurses Association, every Wednesday in May from 1200 - 1330..) In honor of Maternal Mental Health Awareness Month in May, this weekly webinar series is designed to elevate healthcare awareness and promote optimal maternal health across communities. [Click here](#) for more information.

Date Correction: Calling all Charge Nurses!

HR Learning & Development is excited to offer a special *Tough Conversations* class just for you! This is a four-hour, in-person session designed to support you in navigating challenging workplace conversations with more confidence and skill. Effective conversations require clarity of motives, starting with your heart, separating facts from stories, and creating safety. With dialogue as your end goal, this class will help you create a script for how you will invite others to join you in conversation.

When: Tuesday, June 3, 1300-1700

Where: 2420 Old Ivy Road

Register: [Click here](#) to register in Workday

Blast Question

May 12th has been declared as International Nurses' Day in honor of this person who is best known as the founder of modern nursing. Who is this person?

Enter your answer [here](#).

One recipient will be selected randomly from the number of complete entries submitted to receive a swag bag hand-delivered by the NPGO Presidents. Happy Week of the Nurse to all!

Recognition

Certification Celebration

- **Fleur Angeli Cavite Bolos**, RN Clinician 2, 3 Central, obtained her CMSRN certification.

Danita Massie, MSN, RN, CNL
Clinician 4 | Cardiac Transition Unit
2025 NPGO President

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2025 NPGO President-elect

Past Thursday Blast editions are available [here](#).