

NPGO BLAST

August 14, 2025

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

Discharge Lounge Informational Resource

Restraint Documentation Updates Are Live!

LIMB ALERT: Dialysis Patients

Return Agiliti Rental Beds When Not In Use

Patient Safety Moment: Patient and Family Education - Learning Assessment

New Posey "Head Start" Self-Releasing Safety Bed Belts

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Nursing Updates

TONIGHT! | NPGO Night Shift Committee Meeting

We hope to see many of you tonight from 0200-0300 in the Medical Center Board Room for the August NSC meeting.

Click [here](#) for meeting details. Light refreshments will be provided!

Zoom [link](#) for those unable to join in-person

Recognizing Night Shift – [Submit](#) your recent professional accomplishments – the NSC is excited to recognize you!

Tomorrow is the deadline – Nominate an APP today!

We have the honor of working alongside more than 700 outstanding Advanced Practice Providers (APPs), including physician assistants, clinical nurse specialists, certified registered nurse anesthetists, nurse practitioners, certified nurse midwives, genetic counselors, and certified audiologists.

Nominations for 2025 Advanced Practice Provider (APP) Week recognition awards close August 15. [Click here](#) to learn more and nominate a colleague.

NPGO Call for Interest Survey will Open until August 18th!

We are in the planning phase of succession planning for the 2026 NPGO Central Committees. The goal is for all Regional Areas to be represented on our Central NPGO Committees. We have prepared the 2026 Call for Interest survey for you to submit your name for consideration as we build next year's committees. Beginning Monday August 18th, use [this link](#) to the main Call for Interest web page to access committee information as well as the survey to submit your name for membership on one of the Central NPG committees.

Professional Development

2025 NPGO Annual Nursing Summit | Registration is now open!

This year's theme, *Elevate Your Professional Practice and Achieve Your Full Potential*, centers around understanding and addressing Imposter Syndrome in ourselves and in each other. Together, we will learn about its characteristics and strategies to mitigate it, as international speaker **Alison Shamir** shares her expertise and personal journey with Imposter Syndrome with us. UVA's own **Rose Markey** will join to challenge us in creating meaningful, confident, and courageous conversations and partnerships with our interprofessional colleagues at all levels. Through this work, we will come away with tools to use to reach our fullest potential as UVA nurses and elevate our profession.

When: Thursday, November 20, 2025 | 0800 - 1630

Where: DoubleTree by Hilton Hotel Charlottesville | Rotunda Ballroom

Registration: [Click here](#) to register in Workday. Seating is limited.

For more information, explore the [event website](#). Click [here](#) to print and share the flyer.

Clinical Career Ladder

Request an Information Session for Your Team

Our Clinical Career Ladder chairs are eager to answer your team's questions and provide information to support your colleagues' professional goals of advancement on the ladder. [Click here](#) to invite them to join a meeting with your team.

Upcoming CCL Advancement Interviews Dates

Below are the remaining advancement interview dates for this calendar year. [Click here](#) for more details.

- September 17, 2025 (Application deadline 9/1/2025 @ 2359)
- October 15, 2025 (Application deadline 10/6/2025 @ 2359)
- November 19, 2025 (Application deadline 11/3/2025 @ 2359)

Blast Answer

August Blast Question: There are four "Nursing Screening Referrals" that nurses can enter into the EMR as a "multi-disciplinary communication order." Name one of the four consult groups. (hint: see June 12, 2025 Practice News.

Answer: Chaplain, Nutrition, Wound Care, and Social Work.

Congratulations to Amanda Titone, RN who was randomly selected as the August Blast Winner!

Recognition

Celebrating Our Baby-Friendly® Re-designation!

Congratulations to the **Labor and Delivery** and **Breastfeeding Medicine** teams for achieving facility Baby-Friendly® designation once again on behalf of UVA Health University Medical Center!

2025 Health Unit Coordinator Week

Health Unit Coordinator Week is August 23 - 29! Thank you to all our Health Unit Coordinators for the contributions they make every day. Join us in taking a moment to celebrate all of our UVA Health HUCs and a special congratulations to all the nominees for HUC of the Year:

- Alicia Morris, *Mother/Baby*
- Brianna Nesbitt, *Emergency Department*
- Dianne Ogorzaly, *5 West*
- Julie Bunch, *3 West*

- Linda Hartsook, *5 East*
- Maria Torres, *5 South*
- Sarah Moster, *5 South*
- Terri Nowell, *Interventional Radiology*

The 2025 Health Unit Coordinator of the Year will be celebrated during HUC Week in their unit.

Danita Massie, MSN, RN, CNL
Clinician 4 | Cardiac Transition Unit
2025 NPGO President

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2025 NPGO President-elect

Past Thursday Blast editions are available [here](#).