

NPGO BLAST

October 2, 2025

****We were notified that last week's Blast may not have reached all intended recipients. Just a reminder, past editions are available on our website or by [clicking here](#).**

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

PRACTICE CHANGE: Phased Discontinuation of Limb Restraints Is No Longer Permitted

Acute Care Rental Beds

Patient Safety Moment: ABG Testing Best Practice Reminders

Hemodialysis Catheters: Myth Busting

Backorder & Product Substitution Alert: Oasis Chest Drains (Substitute Product is Shore & Pediatric Shore)

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Nursing Updates

Live Stream 2025 ANCC Magnet® Conference General Sessions

New this year! ANCC is offering **complimentary live streaming** of this year's **four general sessions** held throughout the conference **October 8-10**. Hear from the conference's keynote speakers, be inspired by the exceptional work our nursing colleagues are doing across the globe, and watch as representatives from the University Medical Center walk across stage to celebrate our Magnet® re-designation! We hope you take advantage of this special opportunity.

Registration closes Friday, Oct. 3! [Click here](#) to view the schedule and register today. For tech support and viewing recommendations, please review [ANCC's FAQs](#).

Professional Development

Nursing Advocacy Initiative Update

The [Nursing Advocacy Initiative](#) (NAI) – UVA's professional, nurse-led, nonpartisan advocacy program – is looking forward to a busy season! We are currently collecting nurse narratives to share with legislators on Medicaid, maternal health, and workforce development, and in the next few months, our nurse ambassadors will have the opportunity to meet with legislators and offer expertise and perspective on policies relating to healthcare and the nursing profession. We will build on successes from last year's Virginia legislative session, when our nurse ambassadors successfully promoted policies to improve health for mothers and babies.

Now more than ever, legislators need to hear from nurses. Interested in joining our advocacy work? Email leanne.fox@uvahealth.org for information on our upcoming training session, NAI Advocacy Day in Richmond, legislative roundtables, and more. We're excited for what we can do, together!

Who: Any professional nurse at UVA Health University Medical Center

More Info: Explore the NAI website or email Leanne Fox at leanne.fox@uvahealth.org for information on how to become involved!

Certification Champion Boot Camp

New to the role? Want to learn more about certification resources and strategies to support your colleagues to achieve or maintain certification? Participate in this interactive workshop and gain tools you can implement immediately!

When: Tuesday, October 14, 0900 – 1100

Where: HS Library Room 1326 and via Zoom

Sign up: [Click here](#)

2025 Annual Healthcare Education Fair – All Team Members Welcome!

Haile Mokrzycki, PCT, Labor & Delivery, attended the 2024 Healthcare Education Fair, and shares that the event is the reason she is enrolled in the UVA School of Nursing's CNL program. "Even if you think you are set on applying to a particular program or certification, there are many opportunities for advancing in your career, information on various healthcare-related programs, and details on financial aid and application cycles that you can't find collectively anywhere else!" [Read more here >>>](#)

Don't miss out on this special opportunity, where admissions counselors will be on-site to talk about their healthcare programs, including nursing degree programs of all levels, CNA, respiratory therapy, pharmacy tech, radiology, UVA's Earn While You Learn program, and more. UVA's HR Education Benefits and Career Navigation Center will also be available to discuss steps to further your educational path, and how to use the HR Education Benefits Program to support your goals.

When: Thursday, October 23, 1530 – 1830

Where: Main Hospital Cafeteria

Who: Any team member interested in or curious about going to school for a different role within healthcare or any level of nursing degree

Details: [Click here](#) for the website and flyer

Make Strides Towards Your Professional Goals - Be a Mentee or Mentor!

Is your professional development goal to become certified? Increase your participation in governance activities? Advance on the clinical career ladder? Enhance your night shift culture? Move into a new role? Become a nursing student? Build your leadership skills?

Join one of the [seven uniquely tailored Mentorship programs](#) for UVA Nurses or aspiring UVA Nurses this fall! [Registration](#) is open for the Spring 2026 cohorts! Take the time and invest in yourself and work towards your professional goals. [Click here](#) for the flyer to learn about the programs:

- Clinician 1 Transition to Practice
- Experienced RNs
- Formal Nurse Leaders
- Night Shift Clinician Leaders
- RN Degrees Students (all levels)
- Self-Discovery for RNs
- Advanced Practice Providers

Clinical Career Ladder

CCL Preparation Class

Upcoming course offerings for "[Preparation for Advancement on the NPGO Clinical Career Ladder](#)":

- Wednesday, Oct. 8, 1330 – 1500, UH 4614

- ****Friday, Oct. 24, 0100 – 0230** (Thursday night shift), Medical Center Board Room and Zoom with required on-camera participation
 - **** Important note:** This is a **special night shift friendly** offering, supported by the NPGO Night Shift and Clinical Career Ladder Committees! We need a **minimum of 7 enrolled** to conduct the class. Please ask nurses who would like to attend to sign up while there are slots available. Enrollment via Workday is required for all course offerings - [Click here](#).

Blast Question

How many mentorship programs are offered and currently open for registration? Enter your answer [here](#) for a chance to win a prize.

Recognition

- **Kateland Stratton**, Registered Nurse-Pool , 3 East, obtained her CMSRN certification.

Danita Massie, MSN, RN, CNL
Clinician 4 | Cardiac Transition Unit
2025 NPGO President

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2025 NPGO President-elect

Past Thursday Blast editions are available [here](#).