

# NPGO BLAST

October 30, 2025

## UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

### Headlines:

IV Opioid Shortages & Associated Product Changes  
Patient Safety Moment: Closed Loop Documentation  
Alpha-Gal Syndrome (AGS) and Medications  
New Bedside Tables Are Coming!  
Procedure for Dropped/Jarred BD Alaris Infusion Pumps

Past editions are available on the [NPGO Practice News](#) website.

## Champion Resources

Champion Resources & Weekly Updates [here](#).

## Nursing Updates

### Fall Back to the Future Celebration | This Week!

Get ready to “fall back” as Daylight Saving Time comes to an end! Join us at the **Fall Back Celebration** early morning Sunday, November 2, 0000 – new 0130 in the **Main Hospital Cafeteria**. Stop by the NPGO table to meet members of the **Night Shift Committee**, grab some swag, and learn more about how to get involved. Enjoy **free espresso drinks, coffee, and hot chocolate from Higher Grounds**, snacks and giveaways, all while connecting with representatives from various departments to learn about programs and resources available to you at UVA Health. Please share this [flyer](#)!

### Join the 2026 Nurses Week Planning Workgroup!

The NPGO team is forming the **2026 Nurses Week Planning Workgroup** and would like to invite RNs to join in shaping next year’s celebration! -Your insight and perspective are invaluable as we plan a wide variety of events.

The group meets monthly on the third Thursday, 1500-1600, December through May, with the **first hybrid meeting on December 18**. If you are interested, please email [NPGO@uvahelath.org](mailto:NPGO@uvahelath.org).

## Professional Development

### Nursing Advocacy Initiative Training Session

Join the [Nursing Advocacy Initiative \(NAI\) as a nurse ambassador](#) to share your expertise and experiences directly with legislators and help make a difference in healthcare policy! The last NAI training session of this calendar year is **Thursday, November 6**; any participating nurse will be welcome to join the NAI’s Advocacy Day in Richmond in January, as well as participate in future legislative advocacy. Get more information about the [NAI here](#).

### FREE Virtual EBP Symposium for 6 CEs

The 10<sup>th</sup> Annual Inova Nursing Research & Evidence-Based Practice Symposium recording is available for review. Recordings from the conference sessions will be available on-demand for 30 days after the conference (until Nov. 16<sup>th</sup>). Nursing participants who watch the recording and review **at least six posters**, can receive **six nursing contact hours** by completing the available evaluation. Access the symposium today by clicking [here](#), then click on Register now!

## 2025 NPGO Annual Nursing Summit | Registration is full!

*Elevate Your Professional Practice and Achieve Your Full Potential.* This year's theme centers around understanding and addressing **Imposter Syndrome** in ourselves and in each other. Our keynote speakers, **Alison Shamir** and **Rose Markey**, will challenge us and offer tools to help us reach our fullest potential as UVA nurses, while elevating our profession.

**When:** Thursday, November 20, 2025 | 0800 – 1630

**Where:** DoubleTree by Hilton Hotel Charlottesville | Rotunda Ballroom

**Registration:** [Click here](#) to **join the waitlist** in Workday as registration is now full.

*\*\*If you registered and are now unable to attend, please unenroll in Workday to open the space for our colleagues on the waitlist. Thank you! \*\**

For more information, explore the [event website](#). Click [here](#) to print and share the flyer.

## Connect. Learn. Grow.

Is your professional development goal to become certified? Increase your participation in governance activities? Advance on the clinical career ladder? Enhance your night shift culture? Move into a new role? Become a nursing student? Build your leadership skills?

Join one of the [seven uniquely tailored Mentorship programs](#) for UVA Nurses or aspiring UVA Nurses this fall! [Registration](#) is open for the Spring 2026 cohorts! Take the time and invest in yourself and work towards your professional goals. [Click here](#) for the flyer to learn about the programs:

- Clinician 1 Transition to Practice
- Experienced RNs
- Formal Nurse Leaders
- Night Shift Clinician Leaders
- RN Degrees Students (all levels)
- Self-Discovery for RNs
- Advanced Practice Providers

## Clinical Career Ladder

### Clinical Career Ladder feedback

The NPGO **Clinical Career Ladder** leaders seek your feedback on our Clinical Career Ladder. We are committed to continuous process improvement for this program and ask for your participation in [this brief survey](#). Answer a few quick questions about the clinical career ladder behaviors, mentorship, and barriers to advancing so we can improve the process for you! Please submit your responses no later than November 21, 2025 at 2359. Once you complete the survey you will have an opportunity to enter for a random prize drawing.

## Recognition

### Congratulations to the APP Award Recipients!

The 4<sup>th</sup> Annual **Advanced Practice Provider Recognition Ceremony** was held on September 24<sup>th</sup>, celebrating the outstanding contributions of our APPs across UVA Health University Medical Center. This year, we received over 100 inspiring nominations across six award categories – each reflecting the exceptional care, collaboration, and leadership our APPs provide every day.

**Congratulations to our 2026 Award Recipients:**

- **Exceptional Advanced Practice Provider** | Gabriele Ford, FNP
- **Interprofessional Collaboration** | Jeanne R. Parrish, FNP

- **Excellence in Scholarship** | Tanya Thomas, CNS
- **Outstanding Educator** | Kimberly L. Bednar, FNP
- **Excellence in Leadership** | Sarah M. Lepore, NNP
- **Rising Star** | Brie A. Waddington, PA

Congratulations to all nominees and winners for their dedication to advancing patient care and professional excellence!



*2026 APP Award Recipients*

### **Celebrating CCL Advancements**

Congratulations to the following RNs who advanced on the Clinical Ladder this month!

Advanced to Clinician 3

- **Lyndsay Foster** (Pediatric Infusion Cntr. & Specialty Clinics)
- **Janelle Georgianna** (CV ICU)
- **Victoria Hernandez** (Pain Management & Rehabilitation)
- **Cora Höemann** (3 Central)
- **Christopher Kust** (5 West)
- **Rachel Volek** (NICU)
- **Kate Waller** (Outpatient Sgy. Cntr. – PACU)

Advanced to Clinician 4

- **Olivia Morton** (Labor & Delivery)
- **Michael Wald** (PACU)

**Danita Massie**, MSN, RN, CNL  
 Clinician 4 | Cardiac Transition Unit  
 2025 NPGO President

**Clara Winfield**, MSN, RN, CAPA, CNL  
 Clinician 4 | Outpatient Sgy. Ctr. (OPSC)  
 2025 NPGO President-elect

Past Thursday Blast editions are available [here](#).