

NPGO BLAST

October 9, 2025

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

ALERT: Concentration Change in Morphine Injection Doses

New Be Safe Tile for Reporting Procedural Sedation Adverse Events - Go Live 10/13

Vendor In-Services for Product Substitution: Shore & Pediatric Shore Chest Drains

Patient Safety Moment: Manufacturer's Instructions for Use

Hand Hygiene - Fingernail Reminders

Lab Testing Collection Swabs Are NOT Interchangeable!

ENFit Enteral Feeding Tube Cleaning

PRACTICE CHANGE REMINDER: Phased Discontinuation of Limb Restraints Is No Longer Permitted

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Nursing Updates

Your Vote Counts! The 2025 NPGO Election ballot is open

Voting for the office of 2026 NPGO President-Elect and NPGO Bylaws members is **open now through October 23**. Voting is an excellent opportunity to participate in shared-decision making. [>> Click here to vote](#) (have Duo ready).

If you would like to invite the candidates to your department, please email NPGO@uvahealth.org.

2026 NPGO President-Elect Candidate

Megan Mundy, BSN, RN, CCRN | Inpatient Charge Nurse, Medical ICU

NPGO Bylaws Amendments

- Review a [summary of proposed amendments](#) to the NPGO Bylaws.

Have problems with the ballot? Contact NPGO (4-9357 or NPGO@uvahealth.org).

Professional Development

Nursing Advocacy Initiative Update

The [Nursing Advocacy Initiative](#) (NAI) – UVA's professional, nurse-led, nonpartisan advocacy program – is looking forward to a busy season! We are currently collecting nurse narratives to share with legislators on Medicaid, maternal health, and workforce development, and in the next few months, our nurse ambassadors will have the opportunity to meet with legislators and offer expertise and perspective on policies relating to healthcare and the nursing profession. We will build on successes from last year's

Virginia legislative session, when our nurse ambassadors successfully promoted policies to improve health for mothers and babies.

Now more than ever, legislators need to hear from nurses. Interested in joining our advocacy work? Email leanne.fox@uvahealth.org for information on our upcoming training session, NAI Advocacy Day in Richmond, legislative roundtables, and more. We're excited for what we can do, together!

Who: Any professional nurse at UVA Health University Medical Center

More Info: Explore the NAI website or email Leanne Fox at leanne.fox@uvahealth.org for information on how to become involved!

Certification Champion Boot Camp

New to the role? Want to learn more about certification resources and strategies to support your colleagues to achieve or maintain certification? Participate in this interactive workshop and gain tools you can implement immediately!

When: Tuesday, October 14, 0900 – 1100

Where: HS Library Room 1326 and via Zoom

Sign up: [Click here](#)

Mark Your Calendars | 2025 Annual Healthcare Education Fair

Haile Mokrzycki, PCT, Labor & Delivery, attended the 2024 Healthcare Education Fair, and shares that the event is the reason she is enrolled in the UVA School of Nursing's CNL program. "Even if you think you are set on applying to a particular program or certification, there are many opportunities for advancing in your career, information on various healthcare-related programs, and details on financial aid and application cycles that you can't find collectively anywhere else!" [Read more here >>>](#)

Don't miss out on this special opportunity, where admissions counselors will be on-site to talk about their healthcare programs, and UVA's HR Education Benefits and Career Navigation Center will be available to discuss steps to further your educational path.

When: Thursday, October 23, 1530 – 1830

Where: Main Hospital Cafeteria

Who: Any team member interested in or curious about going to school for a different role within healthcare or any level of nursing degree

NPGO Night Shift Committee Meeting | Join Us Next Week!

Mark your calendars! The next **Night Shift Committee meeting** will be held **Friday, October 17, from 2:00–3:00 a.m.** in the **Medical Center Board Room**.

This month, **Parking and Transportation leadership** will join us to hear your feedback and discuss night shift and rotating shift parking concerns.

Night Shift Flu Shots! Come see us in the DCRs before the meeting:

Thursday night, Oct 16 beginning at 2130 to 0130 (10/17) to receive your flu shot!

Connect. Learn. Grow.

Is your professional development goal to become certified? Increase your participation in governance activities? Advance on the clinical career ladder? Enhance your night shift culture? Move into a new role? Become a nursing student? Build your leadership skills?

Join one of the **seven uniquely tailored Mentorship programs** for UVA Nurses or aspiring UVA Nurses this fall! **Registration** is open for the Spring 2026 cohorts! Take the time and invest in yourself and work towards your professional goals. [Click here](#) for the flyer to learn about the programs:

- Clinician 1 Transition to Practice
- RN Degrees Students (all levels)

- Experienced RNs
- Formal Nurse Leaders
- Night Shift Clinician Leaders
- Self-Discovery for RNs
- Advanced Practice Providers

Clinical Career Ladder

CCL Preparation Class

Upcoming course offerings for “[Preparation for Advancement on the NPGO Clinical Career Ladder](#)”:

- ****Friday, Oct. 24, 0100 – 0230** (Thursday night shift), Medical Center Board Room and Zoom with required on-camera participation
 - **** Important note:** This is a **special night shift friendly** offering, supported by the NPGO Night Shift and Clinical Career Ladder Committees! We need a **minimum of 7 enrolled** to conduct the class. Please ask nurses who would like to attend to sign up while there are slots available.

Enrollment via Workday is required for all course offerings - [Click here](#).

Blast Answer

The Question: How many mentorship programs are offered and currently open for registration?

Answer: Seven

Congratulations to Kimberly Staples, Inpatient Charge Nurse, 5 South, who was randomly selected as the October Blast winner! Kimberly will be receiving some UVA swag for correctly answering our Blast Question above. Don't forget the first of the month we ask a Blast Question and if you submit an answer, you too have a chance of winning some UVA Swag!

Recognition

- **Jennifer Alvarez**, RN Clinician 2, Augusta Cancer Center, obtained her OCN certification.
- **Stephanie Racer**, RN Clinician 2, OCIR Periop, obtained her RN-BC certification.

Danita Massie, MSN, RN, CNL
Clinician 4 | Cardiac Transition Unit
2025 NPGO President

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2025 NPGO President-elect

Past Thursday Blast editions are available [here](#).