

NPGO BLAST

December 31, 2025

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

ICU Mattress Upgrades Starting January 5: Enhancing Comfort & HAPI Prevention
Substitute Product - Set Feeding Pump Screw Spike and Adapter ENFit
Important for Safety: Check Crossmatch Results & Comments on the Transfusion Tag
Expand Your Cardiac Monitoring Skills! Sign Up in Workday for CIC Training Sessions
Patient Safety Moment: Communication and Language - Best Practice Tips

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Clinical Career Ladder

Reminder: NPGO Clinical Career Ladder Advancement Preparation classes are held monthly (except December!) and enrollment is available in Workday. [Offerings](#) for 2026 are listed. Please contact NPGO@uvahealth.org with any questions.

Nursing Updates

Nursing Excellence Awards | Nomination Period Opening Soon!

Nominations for the **2026 Nursing Excellence Awards**, supported by the NPGO Awards & Recognition Committee, open this **Monday, January 5**. Please consider recognizing a deserving colleague by submitting a nomination for one of nine different award categories. The deadline to submit is **Monday, February 16 at 2359**.

- Review the [Nurse Excellence Awards webpage](#) for more information.
- The [Eligibility Grid](#) is a helpful resource to see which award categories are the best fit for a potential nominee.
- Utilize the [Nursing Excellence Awards flyer](#) to promote nominations among your team.

Start brainstorming for potential nominees from your practice area today! Please contact NPGO@uvahealth.org if you need further assistance.

Professional Development

Resources & Annual Bonus | RN Professional Board Certification

Now is the time to reflect on this past year's achievements and the coming year's goals! Is achieving or maintaining certification on your list?

- Learn more about the variety of resources to support you, including free review material, funding, study tips, and more, available on the [certification website](#).

- Join us for an upcoming virtual certification informational event for RNs and Certification Champions scheduled in January and February | [Details available here](#).
- Information and eligibility for the annual bonus are [available here](#). Deadline to enter or ensure accurate information for active, eligible certifications is **Saturday, February 28, 2026 at 2359**.

You're Invited to the Cardiac Monitoring Center Open House!

Step inside the center for tours, conversation, and a rare treat – zero call lights guaranteed! Discover how every beat counts and see how we stay at the heart of patient care. Come explore the vital role of the Cardiac Monitoring Center and meet the team behind the scene.

When: January 7, 2026

Where: Cardiac Monitoring Center, TC1 Suite 204

Pathways for Professional Growth | UVA Resources

[Click here](#) to explore a QR code resource flyer highlighting the wide variety of organizational resources available to support your personal and professional growth. Thank you to the NPGO Professional Development Committee for offering this tool.

Recognition

Congratulations!

- Sarah Shreckhise, Director of Ambulatory Clinical Professional Development, Ambulatory Operations, obtained her NEA-BC certification.

December DAISY Award Recipients

- **Jamie Dubbs**, RN Clinician 2, Nerancy Neuro ICU
- **Wendy Cialkowski**, Charge Nurse, 6 Central

December BEE Award Recipients

- **Shannon James**, Supv Revenue Cycle, Transplant Sched POD
- **Sadae Bey**, Surgical Technologist I, Operating Rooms

Danita Massie, MSN, RN, CNL
Clinician 4 | Cardiac Transition Unit
2025 NPGO President

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2025 NPGO President-elect

Past Thursday Blast editions are available [here](#).