

NPGO BLAST

March 12, 2026

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

IV Conversion: BBraun Introcan Safety PIVs

New Epic Alert: Pump Availability Warning

Removal of Prefilled Heparin Flushes from Adult Inpatient Pyxis Machines

Patient Safety Moment: Infection Prevention

Last Week's Cardiac Rhythm Interpretation Challenge Answer & Raffle Winner

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Clinical Career Ladder

Reminder: NPGO Clinical Career Ladder Advancement Preparation classes are held monthly (except December!) and enrollment is available in Workday. [Offerings](#) for 2026 are listed. Please contact NPGO@uvahealth.org with any questions.

NEW! Dedicated offerings for Manager training. [Offerings available for enrollment](#) in Workday.

Tuesday, March 31: 1500-1630

Tuesday, June 2: 1500-1630

Thursday, September 24: 1500-1630

Nursing Updates

Join Us Next Week! NPGO Night Shift Committee Meeting

We hope you will join us for the March NPGO Night Shift Committee meeting, next **Friday, March 20, 0200-0300** (Thursday's night shift). Snacks will be provided! This committee meets on the **3rd Friday of every month at 0200-0300** in the Medical Center Board Room and a virtual option is available. [Click here to sign up](#) to receive information about monthly night shift meetings and happenings.

Recognizing Night Shifters! The committee is excited to celebrate your recent professional accomplishments at the upcoming meeting. **Please use this [survey](#)** to share your recent achievements, such as new certifications, promotions, degrees, and more.

Volunteers Needed for "Chalk Hugs"

The Health Workforce Well-Being Day planning team and the Office of Team Wellbeing are organizing *Chalk Hugs: Small Messages. Big Appreciation* to visibly honor health care workers across all roles, locations, and shifts. The goal is to create chalk messages and cheery drawings outside doorways and entrance areas where night shift workers exit and day shift workers enter. Teams of volunteers will chalk

these locations on the **evening of March 17 and/or the early morning of March 18**. This activity is designed to reinforce our commitment to respect, gratitude, and wellbeing and create a shared, system-wide moment that brings all health system locations together in a positive, fun experience. We are looking for volunteers to gather a group of friends and co-workers and grab an entrance/exit location from the list and be creative! We will supply chalk and a menu of small messages that you can use. [Click here](#) to sign up and for more information.

Professional Development

Have Your Registered for the 2026 Annual EBP Symposium?

The **2026 EBP Symposium**, hosted by the Center of Nursing Excellence, will highlight emerging tools that streamline and accelerate the evidence-based practice (EBP) process. Contact hours will be provided.

Share this [flyer](#) with your coworkers!

When: Wednesday, May 6 | Select from:

AM Session: 0800-1200 ([register here](#))

PM Session: 1300-1700 ([register here](#))

Where: The Wool Factory, located at 1837 Broadway Street, Charlottesville

Registration: Your registration is confirmed once you receive a calendar planner from NPGO.

UVA's Professional Growth Resources for You

[Click here](#) to explore a 2-page QR code resource flyer highlighting the wide variety of organizational resources available to support your personal and professional growth. Thank you to the NPGO Professional Development Committee for offering this tool.

Blast Answer

Question: True or False: This year the Nursing Center for Excellence website will have monthly meeting summaries posted for every central and regional committee.

Answer: True

Congratulations to **Caitlin Lowman**, this month's Blast Question winner!

Follow the link to access the [meeting summaries](#) on the Nursing Center for Excellence page.

Recognition

Congratulations

- **Joy Kauffman**, RN Care Coordinator, Pediatric Diabetes, obtained the CDES certification.
- **Candice Toles**, RN Care Coordinator, Western Albemarle Family Medicine, obtained the AMB-BC certification.

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2026 NPGO President

Megan Mundy, BSN, RN, CCRN
Inpatient Charge Nurse | Medical ICU
2026 NPGO President-elect

Past Thursday Blast editions are available [here](#).