

NPGO BLAST

March 19, 2026

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

New Bariatric Morgue Stretcher Available

Patient Safety Moment: Infection Prevention – Nutrition Product Safety

This Week's Cardiac Rhythm Interpretation Challenge & Raffle

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Clinical Career Ladder

Reminder: NPGO Clinical Career Ladder Advancement Preparation classes are held monthly (except December!) and enrollment is available in Workday. [Offerings](#) for 2026 are listed. Please contact NPGO@uvahealth.org with any questions.

NEW! Dedicated offerings for Manager training. [Offerings available for enrollment](#) in Workday.

Tuesday, March 31: 1500 - 1630

Tuesday, June 2: 1500 - 1630

Thursday, September 24: 1500 - 1630

Nursing Updates

Don't Miss Tonight's Night Shift Committee Meeting

Join us tonight from **0200 – 0300** in the **Medical Center Board Room!** Exciting updates on patient experience initiatives, featuring 3 West's Quiet at Night, the 5 West Volunteer Dream Team pilot, and the TCV Computer Lights at Night project.

- Meeting details [here](#).
- Enjoy light snacks.
- Not onsite? Use this [Zoom link](#) to connect.

Want to know more about our monthly night shift meetings and happenings? Click [here](#) to sign up.

Celebrating National Certified Nurses Day

Today, we celebrate nurses who hold professional board certifications! To the **1,831 certified Registered Nurses at University Medical Center**, thank you for your commitment to professional excellence in your specialty, for your demonstration of lifelong learning, and for your passion for expertly caring for our patients and families.

As of March 2026, **48.5%** of our nursing workforce holds a professional board certification! Want to be a part of it? Check out the [step-by-step guide](#) to becoming certified, as well as the wealth of resources to support your professional goal, including funding options, study materials, and more at uvacertifiednurses.com.

New 2026 Calendar of Events for Nurses

The Nursing Center for Excellence sponsors a wide variety of events throughout the year for personal and professional development, governance and research activities, and celebrating all the things that nurses accomplish! Check out upcoming opportunities anytime on our website [here](#).

Nominations Open for the Virginia Nurses Foundation 40 Under 40 Awards

The Virginia Nurses Foundation will honor rising nursing leaders at the annual VNF Gala in Fall 2026. Nominate an outstanding nurse who demonstrates achievements in professional practice, leadership, and impact. Award criteria, additional information, and a link to submit nominations can be found [here](#). The deadline to submit a nomination is **May 18, 2026**.

Professional Development

Have You Registered for the 2026 Annual EBP Symposium?

The **2026 EBP Symposium**, hosted by the Center of Nursing Excellence, will highlight emerging tools that streamline and accelerate the evidence-based practice (EBP) process. Contact hours will be provided. Share this [flyer](#) with your team!

When: Wednesday, May 6 | Select from:

AM Session: 0800 - 1200 ([register here](#)) – wait-list only

PM Session: 1300 - 1700 ([register here](#)) – seats available

Where: The Wool Factory, located at 1837 Broadway Street, Charlottesville

Registration: Your registration is confirmed once you receive a calendar planner from NPGO.

UVA's Professional Growth Resources for You

[Click here](#) to explore a two-page QR code resource flyer highlighting the wide variety of organizational resources available to support your personal and professional growth. Thank you to the NPGO Professional Development Committee for offering this tool.

Become an NRP Resident Facilitator

The Nurse Residency Program (NRP) is seeking Resident Facilitators to coach new Clin 1s in the residency program. Resident Facilitators are experienced nurses who lead small group discussions focused on navigating the clinical environment with nurse residents practicing in similar clinical settings. The groups meet five times during the year-long program, creating an excellent opportunity for coaching, guidance, and support to new nurses.

[Register in Workday](#) – workshops offer two CEs and are held at Northridge. Questions? Contact [April Laughlin](#), NRP Coordinator.

Recognition

Congratulations

- **Erin Chizmadia**, RN Clinician 2, Emergency Department, obtained her CEN certification.

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2026 NPGO President

Megan Mundy, BSN, RN, CCRN
Inpatient Charge Nurse | Medical ICU
2026 NPGO President-elect

Past Thursday Blast editions are available [here](#).