

NPGO BLAST

April 30, 2026

UVA Nursing Practice Updates

[Click here](#) to read the full updates, and print & post for your practice area!

Headlines:

Arrow Kits and Sets Containing Lidocaine and Bupivacaine
HAPI Prevention by Off-loading of Devices from Ears
Changes in Visitation Policy Effective May 5th
Updated: Adult Acute Care IV Medication Administration Guideline
Hazardous IV Medications - Change to Cold Primed IV Tubing with Diluent Used
Patient Safety Moment: Blood Product Administration
May 5th: Medical Center Product Fair for Nursing Services
Required Training: ECG GE Muse System Coming in June

Past editions are available on the [NPGO Practice News](#) website.

Champion Resources

Champion Resources & Weekly Updates [here](#).

Clinical Career Ladder

Reminder: NPGO Clinical Career Ladder Advancement Preparation classes are held monthly (except December!) and enrollment is available in Workday. [Offerings](#) for 2026 are listed. Please contact NPGO@uvahealth.org with any questions.

Nursing Updates

Wednesday Kicks off 2026 National Nurses Week!

Go to uvanursesweek.com to learn about the special events and various opportunities happening here at the University Medical Center May 6-12.

2026 Nurses Week [Flyer](#) and [Calendar](#)

Special events:

EBP Symposium
NEW! Nurses Walk for Wellness Group Walks
Food Truck Friday
Drop-In Celebration
NEW! Pop-Up Art Activity
Nursing Excellence Awards Ceremony
NEW! Professional Headshots for RNs
Late Nights at Higher Grounds

Anytime - Anywhere Activities:

Blessing of the Hands
Nurses Week Giveaways
Nightingale Notable Superlatives
Nurse Legacy Hall of Fame
Virtual Scavenger Hunt
NEW! Nurses Walk for Wellness Challenges
Pet Therapy Rounding
Special feature webinars

ONE Week Left to Submit a Nomination! 2026 Nursing Assistant Awards

It's time to recognize all the wonderful things your nursing assistant colleagues have done over the past year! Review the NPGO Nursing Assistant Awards criteria and eligibility requirements and consider nominating one or more team members for one of the award categories below:

- Patient Care Technician of the Year
- Certified Nursing Assistant of the Year
- Certified Medical Assistant of the Year
- Specialty Technician of the Year

Nominations must be at least 300 words and include specific examples! There must be at least one example per criterion to be considered. [Click here](#) to submit a nomination. Nominations **close Thursday, May 7 at 2359** - don't miss this opportunity! If you have any questions about eligibility or need assistance, email npgo@uvahealth.org.

Nominations Open for the Virginia Nurses Foundation 40 Under 40 Awards

The Virginia Nurses Foundation will honor rising nursing leaders at the annual VNF Gala in Fall 2026. Nominate an outstanding nurse who demonstrates achievements in professional practice, leadership, and impact. Award criteria, additional information, and a link to submit nominations can be found [here](#). The deadline to submit a nomination is **May 18, 2026**. Reach out to NPGO@uvahealth.org with questions.

Nurses' Voices Needed | Research Study Participation Opportunity

Hospital-based registered nurses 18 years of age or older are invited to participate in a research study examining nurses' job attribute preferences. The online survey takes approximately 15–20 minutes and includes a \$20 electronic gift card upon completion. An optional 30-minute Zoom interview includes a \$25 electronic gift card.

[Survey flyer](#) | To participate, please [click here](#)

Contact:

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Professional Development

Nurse Leader Development Program Opportunity

The next offering of the Nurse Leader Development Program begins **May 13, 2026**. Newly expanded, this **ten-class series** is crafted to elevate the leadership acumen and professional capabilities of nurse leaders and will now award a total of **23 contact hours** upon successful completion! The program is available to all Nursing Directors, Nurse Managers, Assistant Nurse Managers, and Charge Nurses.

Interested? Please contact [Drew Gogian](#) to enroll in the next cohort!

Nursing Advocacy Initiative Training Session

Registration for the **May 27 Nursing Advocacy Initiative (NAI) Training Session** is open! Join other registered nurses from the University Medical Center and use your voice to **advocate** for your patients and profession. After attending an in-person, 90-minute training session, you will be eligible to participate in upcoming legislative sessions, policy roundtables, and more! 1.75 CEs are available to those who participate in a training session.

Contact [Leanne Fox](#) to learn more!

New 2026 Calendar of Events for Nurses

The Nursing Center for Excellence sponsors a wide variety of events throughout the year for personal and professional development, governance and research activities, and celebrating all the things that nurses accomplish! Check out upcoming opportunities anytime on our website [here](#).

Recognition

Congratulations to Outpatient Surgery Center's **Elaine Hughes, MSN-Ed, RN, CAPA**, Clinician 4 and **Samantha McGuigan, BSN, RN, CAPA**, Clinician 3, for presenting "Stop Sticking to Stick: An Evidenced-Based Practice Project to Promote Early Identification of Difficult Intravenous Access" at the 2026 American Society of PeriAnesthesia Nurses (ASPAN) conference!

Certification Celebration!

- Caroline Fairbanks, RN Clinician 2, PICU, obtained her CCRN certification.

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2026 NPGO President

Megan Mundy, BSN, RN, CCRN
Inpatient Charge Nurse | Medical ICU
2026 NPGO President-elect

Past Thursday Blast editions are available [here](#).