NPGO BLAST
November 19, 2026

UVA Nursing Practice Updates

Click here to read the full updates, and print & post for your practice area!

Headlines:
Updated: Where Does All The Garbage Go?
Updated: Backorder & Substitution - Curos Caps & Curos Tips
CHG Wipes Now Prioritized for Central Lines - Effective Nov. 19th
BD Alaris Infusion Syringe Size Selection
Patient/Caregiver Self-Administered Medications - New Workflow Effective Nov. 24th
Pain Reassessment: Keep Up the Focus!
Patient Safety Moment: Check Supply Expiration Dates & Reinforce Rotation Practices
Blood Transfusion Consent Updates - Effective Dec. 1st

Past editions are available on the NPGO Practice News website.

Nursing Updates

A Summit Thank You!
Thank you to everyone who attended the 2026 Annual Nursing Summit! We also want to extend an even bigger thank you to the leaders and nurses who supported their colleagues in attending and made this experience possible.

A special shout out goes to the NPGO Summit Planning Committee members, whose dedication and countless hours of work helped bring this event to life. Stay tuned for an upcoming Connect article highlighting Summit moments and takeaways.

NPGO Presidents Virtual Office Hours | 1st Thursday of the Month
Our next office hours will be on **Thursday, Dec. 3 from 1100-1200**. We would love to hear from you with questions, thoughts or any support needed for your local professional governance.

Join Zoom Meeting | Meeting ID: 963 1442 0130 | Passcode: 53869417

We Want to Hear from You | National Nurses Week Planning
Every year, a team of nursing colleagues work diligently to celebrate University Medical Center nurses during National Nurses Week and Month. The workgroup intentionally plans a variety of activities and events, including some that are location and date specific and others that are available anytime-anywhere, knowing that UVA nurses work 24/7 across Central Virginia in a wide variety of roles and settings.

As the workgroup begins to plan for 2027, we would like your input and reflections on the 2026 activities and events. We also invite you to sign up to be a part of the planning workgroup. Click here to share your feedback and/or sign up for the 2027 Nurses Week Workgroup.

No Night Shift Committee Meeting this week!
The NSC will not be meeting in November. Please join us at our next meeting on **Dec. 18, 0200–0300** (during the Thursday, Dec. 17 night shift)! Don't forget to submit your recent professional accomplishments using this link so we can recognize and celebrate you at the December meeting!

Professional Development

Sign-ups Close Monday for Spring 2027 Mentorship Cohorts
Build relationships. Grow professionally. Become Inspired. Be a Mentee or Mentor!
Consider being a part of one of the unique Mentorship Programs offered for University Medical Center nurses and future nurses! The 6-month programs are tailored so each Mentee receives the support and resources they need to make progress toward their goals, all while connecting with a Mentor from a different team. **Print/Share** this flyer with your team.

Learn more and sign up today – registration closes Monday! The following cohorts begin in January:

- Clinician 1 Transition to Practice
- RN Degree Students – open to all levels of degrees
- Experienced Nurses
- Nocturnal Leaders - for night shift and rotating nurses
- Self-Discovery

More information about the revised Formal Nurse Leader Mentorship Program will be coming soon, as we integrate this valuable resource into the Nurse Leader Transition To Practice Program coming in 2027.

Certification Champion Drop-In Event Holiday-Style
Are you a certification champion for your team? Swing by the Medical Center Board Room on Tuesday, **Dec. 8 between 1530-1630** for a festive experience with interactive games, a certification help-desk, data support, refreshments, and more!

Spring 2027 Evidence-Based Practice Bootcamp Dates Announced!
Registration for the Spring 2027 EBP Bootcamp is open in Workday. *Please note: Those currently enrolled in the Winter 2026 Bootcamp do not need to take any action.*
Learn more **here** and share this **flyer** with your colleagues to help spread the word!

- EBP Bootcamp Session 1: Thurs., Jan. 21: 1:00 – 3:00pm
- EBP Bootcamp Session 2: Thurs., Feb 4: 1:00 – 3:00pm
- EBP Bootcamp Session 3: Thurs., Feb 17: 1:00 – 3:00pm

Recognition

Congratulations to **Nicole Mohiuddin**, DNP, MS, RN, NI-BC, on serving as both a panelist speaker and conference planner for the HIMSS Virginia Chapter's Transforming Practice Through Partnership: The Nursing Voice in Informatics Day!

Representing UVA Health, Nicole shared insights on *"Nurse Informaticists Building Digital Competency,"* highlighting the important role nurse informaticists play in advancing digital competency, strengthening nursing practice, and shaping the future of healthcare through technology.

Thank you, Nicole, for sharing your expertise, leadership, and commitment to advancing nursing informatics!

Quick Links to Standing Items

- **Champion Resources and Updates**.
- Clinical Career Ladder **resources, deadlines** and **training**.
- **2026 Calendar of Events for Nurses**
- **UVA's Professional Growth Resources for You**

Clara Winfield, MSN, RN, CAPA, CNL
Clinician 4 | Outpatient Sgy. Ctr. (OPSC)
2026 NPGO President

Megan Mundy, BSN, RN, CCRN
Inpatient Charge Nurse | Medical ICU
2026 NPGO President-elect

*Past Thursday Blast editions are available **here.***